

Gabriel Meets Price Listing

Building Our Fresh Food Network, One Friend at a Time

Updated 11/4/17

PRODUCTS	DESCRIPTION ¹	² PRICE
Paradise Organic Farm	CERTIFIED ORGANIC	No Pesticide, No Herbicide Founded: 1980, Paradise, PA
Broccoli		\$2.85/half head 3 half heads @ \$6.30
Brussel Sprouts, East	One pound minimum	\$6.80/lb
Cabbage, Green	Delivered as heads, sold by the pound	\$1.10/lb
Cabbage, Red		\$1.30/lb
Cabbage, Napp		\$1.65/lb
Carrots, Baby		Coming Soon
Cauliflower		\$6.10/head
Chard, Green or Rainbow		\$2.35/lb
HERBS		
Cilantro		\$2.15/bunlde
Parsley, Curly Leaf		\$1.80/ bundle
Parsley, Flat Leaf		\$1.95/bundle
Rosemary		\$3.15/bundle
Sage		\$3.05/
Kale, Green		\$2.25/bundle
Lettuce, Romaine		\$2.30/bundle
Lettuce, Red Leaf		\$2.00/bundle
Lettuce, Red Summer Crisp		\$2.15/bundle
Mustard Greens		\$2.30/bundle
Potatoes, All Red		\$1.90/lb
Potatoes, All Blue		\$1.90/lb
Potatoes, Yukon Gold		\$1.20/lb
Sweet Potatoes, Garnet		\$1.25/lb

¹ All produce is picked & delivered within 3 days.

² These prices will change regular and without notice. All products are seasonal. Ask about availability.
Not completely satisfied with GM produce? We'll give you your **money back**---no questions asked!

Sweet Potatoes, Garnet Small		\$1.30/lb
Sweet Potatoes, Jumbo Garnet		\$1.25/lb
Yams, Jewel, Small-medium		\$1.35/lb
Yams, Jewel Large		\$1.80/lb
Yams, Jewel Jumbo		\$1.20/lb

Amish Grown Produce		No Pesticide, No Herbicide Sustainably Grown & Harvested in Lancaster
Apples, Empire	GMO-free. Sweet, tasty and medium size	\$1.75/lb
Apples, Yellow Delicious	GMO-free, Heirloom Apple	\$2.10/lb
Celery	GMO-free	Coming Soon
Carrots	GMO-Free, Small - Medium	\$1.60/lb
Carrots, Cosmic Purple	GMO-Free. Very large and sweet. Thick skin and very yummy	\$1.85/lb
Kale, Black (Cavolo Nero, Dinosaur)	Popular Heirloom Variety. A narrow, ruffled-leafed green kale. Deep dark green in color, considered one of the Italian heirloom varieties. Provides a peppery flavor as a side dish or when added to pasta. Used often in Tuscany cuisine. And, is often served as a side dish of greens or in soups, and stews. 5 oz containers	\$10/lb
Lettuce, Butternut		\$1.80/head
Lettuce, Salad Mix	4-5 varieties of washed lettuce leaves. 3 oz. container	\$3.75
Potatoes, Large White	GMO-free. Hearty and very tasty	\$1.30/lb 10 lbs @ \$11.00
Spinach	GMO-free	Coming Soon
Spinach, Malabar	GMO-free, Hydroponically Grown Year-round. Popular tropical leafy-green with green stems and deep-green leaves. From the coast of India and Sri Lanka, a lush and nutritious green but different from English spinach—broad, thick and mucilaginous leaves. Rich fulfilling taste with a hint of citrus. Not as bitter as common spinach	\$2/head
Squash, Butternut	Each squash is 3 - 6 lbs.	\$4.45/lb
Strawberries	Hydroponically Grown Year-round	\$2.80/pt

Canned Fruits & Vegetables

Home Grown Cannery, No Salts or Preservatives Added
The Fisher Family, New Holland, PA

Pickled Summer Veggies	Green Beans, Lima Beans, Carrots, Peas, Squash, Sweet Corn, etc.	Pints (16 oz) Jars Quarts (32 oz) Jars \$3.50/pt \$5.50/qt
Pickles	Kosher Dill Spears, Sweet Kosher Dill, Sweet Dill, Hot Dill, Banana Dill, Bread-n-Butter (thick or thin slice)	
Chow Chow		
Relishes, Peppers, Onions	Zucchini Relish, Sweet Pepper Relish, Hot Peppers Relish, Onion Relish, Sweet Peppers (plain), Jalapeño Peppers, Hungarian Peppers, Barbecued Onions	
Tomatoes	Salsa, Tomato Soup, Spaghetti, Pizza Sauce, Stewed Tomatoes, Ketchup, Zesty Ketchup	
Watermelon Rind	Available only in Pints	
Fruits	With Sugar or Sugar-free Peaches, Pears, Apple Sauce, Apple Pie Filling	\$4.80/pt \$6.50/qt
Jams	Strawberry, Strawberry Rhubarb, Rhubarb, Peach Spread, Blueberry, Hot Pepper, Sweet Pepper Jam	
Jellies	Apple, Grape, Blackberry, Elderberry, Tomato	
Raspberry Jelly		\$4.80/qt
Apple Butter		Coming Soon
Lancaster Specialties <i>Try these popular county favorites!</i>		
Apple Cider	Kauffman's Fruit Farm	\$4.85/gal
Zerbe's Potato Chips	Home-style. Tasty and Very filling chips! Favors: Sea Salt, Barbeque, Salt & Vinegar, "Dark" Chips	2 lb box @ \$8.45
Cinnamon Raisin Bread	Old Fashion, Delicious Loaves! 100% Whole Wheat Flour plus Whey. No sugar or preservatives!	\$5.50/loaf
Chocolate Chip Cookies	Soft, Thick, and Chewy! Homemade and 100% Organic	\$3.45/doz